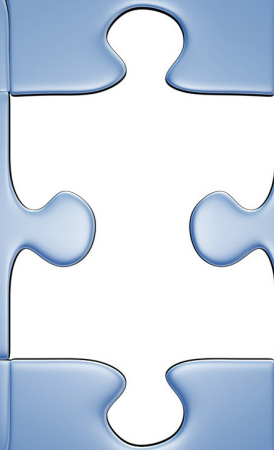
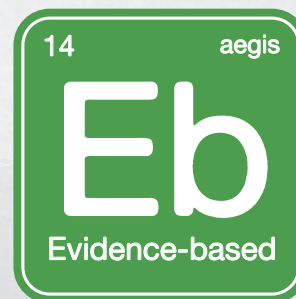




Safe and Affordable De-escalation Training



Workplace violence prevention
solutions delivered across
your organization!



COMPANY PROFILE

Aegis Crisis Prevention™ is a nationally recognized leader in crisis intervention training, trusted by hospitals, residential treatment centers, and human service organizations across the United States and internationally. Our evidence-based programs empower millions of frontline professionals through dynamic Train-the-Trainer instruction and flexible eLearning solutions designed to build safer, more confident care environments.

Our mission is to strengthen safety, enhance staff confidence, and improve crisis-response outcomes across diverse environments. Backed by decades

of frontline experience, the Aegis team is united by an unrelenting commitment to advancing practical, effective, and empathic approaches to crisis prevention and de-escalation.

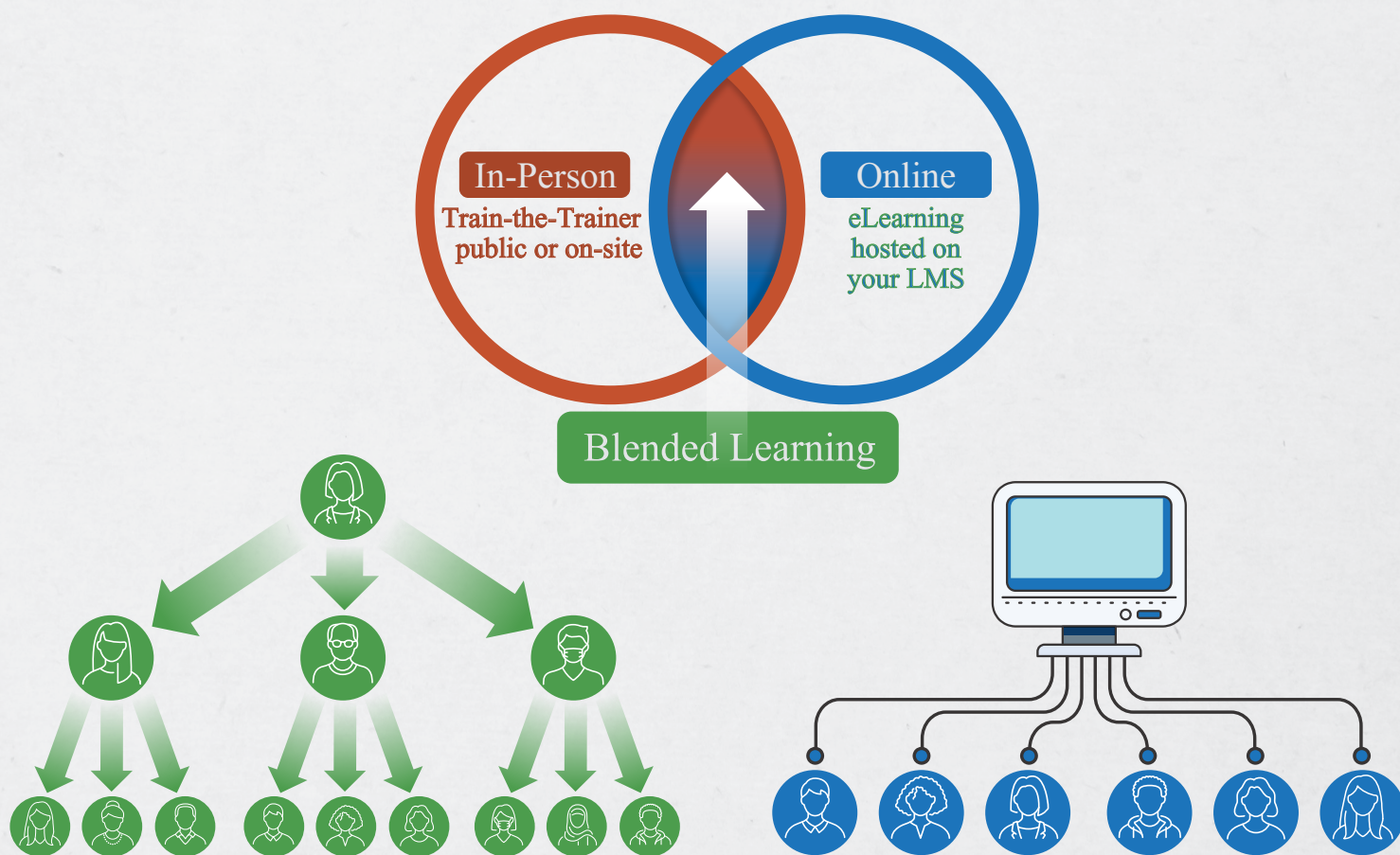
Aegis champions a trauma-informed, rapport-based approach to de-escalation supported by proprietary physical intervention techniques designed to meet the evolving needs of today's providers. Introduced to the U.S. market in 2014, The Aegis System™ was developed in response to the growing demand for practical, real-world crisis intervention training that is both highly effective and financially accessible.



We have seen a statewide reduction in seclusion/restraint events and injuries to staff and clients since Aegis Go-Live. In fact, we reached an unprecedented '0 restraint; 0 Seclusion' milestone at a Regional Psychiatric Hospital in Athens, Ohio, last month.

Monica L. Schafer, RN, MSN, LCDC III, ICADC
System Chief Nursing Executive
Ohio Department of Behavioral Health

Our flexible, on-demand learning experiences – delivered both in person and online – are designed to create immediate, measurable impact by equipping staff with practical skills they can confidently apply in real-world situations.



Primary In-Person Training Delivery: Train-the-Trainer (TtT)

Trainer Certification is a scalable training solution that empowers key staff members to execute their own trainings and issue staff certifications within your organization. This model offers a cost-effective approach to building long-term internal training capacity. Aegis conducts regular Train-the-Trainer (TtT) sessions across the country and maintains an active presence in every region.

Modern eLearning Solutions for Real-World Crisis De-escalation

Aegis offers culturally responsive eLearning designed for diverse care environments. Aegis eLearning is a flexible, scalable training solution built around our nonphysical De-escalation Model—the same proven content delivered in person by certified Aegis Trainers.

Organizations may utilize our hosted LMS or license various eCourse formats for integration into their own platforms. eLearning can serve as a standalone de-escalation program and/or as part of a blended learning model that complements in-person physical skills training.

Aegis eLearning solutions are fully accessible and developed in alignment with Section 508 and WCAG guidelines. Aegis Instructors regularly support organizations with enterprise-wide training strategies and customized implementation plans.

Affordable!

From inception, Aegis has remained committed to making our flagship Train-the-Trainer program financially accessible to organizations of all sizes.

Rather than investing in costly printed materials or incurring additional per-staff training fees, organizations partnering with Aegis can empower staff across their continuum of care with practical workplace violence prevention expertise by positioning Certified Aegis Trainers where they are needed.

Aegis leverages a modern digital platform to drive down costs and increase accessibility. Certified Aegis Trainers receive 24/7 access to the Aegis Trainer Portal, which includes a comprehensive suite of training resources at no additional charge. There are no per-staff training fees or staff certification costs with the Aegis Train-the-Trainer program.

- **Interrupt** cycles of workplace violence through rapport-based de-escalation
- **Support** staff retention and reduce turnover
- **Improve** safety and crisis-related outcomes
- **Reduce** stress-inducing incidents
- **Minimize** organizational risk and liability exposure
- **Built-in** alignment with legislative and regulatory standards
- **Physical** intervention techniques are engineered for use in and around hospital beds
- **Aegis** provides a safer, practical alternative to high-risk floor restraints



Our tertiary design allows for custom-like engagement options without jeopardizing the fidelity of The Aegis System™.

Certified Aegis Trainers are empowered to deliver training in any of these various formats.



TIER 1

- Aegis De-escalation Model
- 3-day initial commitment / 1 day
Re-certification *annual virtual
Re-cert option

TIER 2

- Aegis De-escalation Model
 - Escaping Unwanted Contact
- 3-day initial commitment / 1 day
Re-certification *virtual re-cert
option every other year

TIER 3

- Aegis De-escalation Model
 - Escaping Unwanted Contact
 - Aegis Holds™ / Aegis Safety Position™
- 3-day initial commitment / 1 day
annual in-person Re-cert

The De-escalation component is consistent with every client engagement but an organization may choose to use Training with or without any Physical Intervention component. Certified Trainers may elect to certify all staff in Physical Intervention, only select staff, or none, at different hourly formats, depending on the needs of the organization.

Aegis Training Program™

The Aegis De-escalation Model:

This classroom-based, non-physical training is delivered in person by Certified Aegis Trainers or through eLearning, with eCourses available in a variety of lengths.

Aegis De-escalation is designed for all staff, and its instruction is consistent across every Aegis training engagement.

For hands-off professionals, this model serves as a complete training solution. Many organizations also use Aegis De-escalation with the Physical Intervention modules to maintain full Aegis Certification on an annual basis.

Physical Intervention Training:

Physical Intervention Training is delivered exclusively in person by Certified Aegis Trainers.

These modules can be combined with eLearning in the De-escalation Model to create an efficient, organization-wide training solution for maintaining full Aegis Certification.

AEGIS BASELINE

- 1.0 System Overview
- 1.1 What Will I Be Learning?
- 1.2 Aegis De-escalation Model
- 1.3 Core Aegis Principles
- 1.4 Putting Out a Fire...
- 1.5 Social Survival
- 1.6 The Jockey & The Horse

MODULE 1

Participants will gain the foundational knowledge on which The Aegis System™ is built. Key principles and strategies for achieving de-escalation are explored, including Applied Empathy, the Crisis 2-Step, and the ABCs of De-escalation.

STAFF EMPOWERMENT

- 2.0 Empowerment in Crisis
- 2.1 Stress Inoculation
- 2.2 Cognitive Techniques
- 2.3 Perspective Taking
- 2.4 TRUST Model

MODULE 2

Participants will learn to manage their own stress levels to reduce the risk of overreacting or underreacting during a crisis. This stress inoculation helps professionals maintain critical, safety-oriented thinking throughout an intervention.

NONVERBAL COMMUNICATION

- 3.0 Nonverbal Acuity
- 3.1 Body Language Clusters
- 3.2 Paraverbal Acuity
- 3.3 The De-escalation Cluster

MODULE 3

Participants will learn how nonverbal communication influences crisis intervention and improves early recognition of behavioral escalation. This increased acuity supports rapport-building strategies and Aegis-specific crisis interventions.

VERBAL INTERVENTION

- 4.0 Rapport & Applied Empathy
- 4.1 Step 1 Communication
- 4.2 Positive Responses
- 4.3 The ABCs of De-escalation
- 4.4 The Crisis 2-Step

MODULE 4

The Aegis System™ is a rapport-based de-escalation model in which rapport is achieved through Applied Empathy. Participants will learn verbal strategies and practical skills for building rapport and de-escalating crisis. This module explores effective communication, the Crisis 2-Step, and the ABCs of De-escalation in greater depth.

THE PROTECTIVE USE OF PHYSICAL INTERVENTION

- 5.0 The Risk of Restraint
- 5.1 Safety Briefing
- 5.2 Moving to Physical Intervention

MODULE 5

Participants are educated on the risks of restraint and expected to maintain safety-oriented decision-making at all times. They will learn to evade and escape unwanted contact using techniques appropriate for clinical environments.

PHYSICAL SKILLS PRACTICE

- 6.0 Training Agreement
- 6.1 Warm Up
- 6.2 Escaping Unwanted Contact
- 6.3 Aegis Holds
- 6.4 The Aegis Safety Position™
- 6.5 Team Intervention
- 6.6 Critical Communication
- 6.7 Duration
- 6.8 Signs of De-escalation & Releasing

MODULE 6

For organizations that utilize physical restraint, participants will learn Aegis Holds, arranged in a tertiary design, that support the least restrictive intervention.

AFTER INCIDENT PROCEDURE

- 7.7 Re-establishing Rapport
- 7.8 Incident Debrief
- 7.9 Documentation

MODULE 7

This module concludes with post-incident best practices for effective debriefing and documentation.

APPENDICES

- I Case Law
- II Person-centered Planning
- III Working with Adult Learners
- IV Aegis References

The Road to Workplace Violence Prevention



LEARN

More about the needs of your organization on an initial video chat.



PRESENT

Training solutions that meet the needs of your organization. Whether that is In-person delivery via our Train-the-Trainer model, eLearning, or a blend of both.



CONFIRM

The rollout you need from Aegis to improve your safety climate.



DELIVER

Aegis can deliver like no other training provider.



MAINTAIN

An ongoing consultative relationship with the Aegis Instructor(s) assigned to your organization.

Aegis Crisis Prevention™ Education Plan Sample

High-Risk Staff Training

Initial

4-hour eLearning
+
4 hours in-person facilitated by Certified Aegis Trainer. Includes Aegis Holds™ (restraint) training.

Recertification / Refresher Staff Training

2-hour eLearning
+
2 or 4 hours of instructor-led training facilitated by a Certified Aegis Trainer(s).

For best results, Aegis recommends a standard 4-hour instructor-led refresher session. While a 2-hour in-person session is available when operational constraints make a longer session impractical, the 4-hour format provides a more comprehensive recertification experience. Annual staff refreshers include a 3-month scheduling buffer.

Medium-Risk Staff Training

Initial

4-hour eLearning
+ or -
2-hour in-person training in escaping unwanted contact (no restraint training).

Recertification / Refresher Staff Training

2-hour eLearning
+ or -
2-hour in-person training in escaping unwanted contact (no restraint training).

Low-Risk Staff Training

1-hour eLearning

*Low-risk staff typically do not receive in-person training in any physical skills.

The Aegis System™ Price Structure

We believe that critical safety training should be affordable.

New Trainer Certification

\$1,419

each person

Trainer Re-certification

\$579

1 day commitment each year thereafter

Everything you need to train your staff is provided through secure online access in the Aegis Trainer Portal.

PRICING INCLUDES:

- Access to the Aegis Trainer Portal
- Published Trainer Manual and Teaching Guide
- Participant Handouts
- Supporting Documents and Staff Certificate Templates
- Instructional Videos for Each Physical Technique and Classroom Support
- PowerPoint Presentations

Our pricing is all-inclusive. There are no hidden fees. Unlike other training providers, Aegis does not charge extra for workbooks, training videos, certificates, or PowerPoint presentations.

Contact Aegis for an eLearning Quote

theaegissystem.com • training.info@theaegissystem.com • 888.749.2085



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